



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRAESIDIUM'S TOOLS AND SERVICES FOR YMCAS

YMCA of the USA's (Y-USA) partnership with Praesidium provides all YMCAs access—free of charge—to enhanced tools and services for strengthening Child Abuse Prevention efforts. These customized resources from Praesidium, an industry leader in creating safe environments for kids, can help YMCAs galvanize the culture, practices and behavior needed to prevent child sexual abuse. Read on to learn how these resources can assist your Y in doing even more to keep kids safe.

- **Know Your Score!™ Self-Assessment**

Praesidium's online self-assessment, Know Your Score!, can help YMCAs of every size accurately and confidentially identify potential gaps in abuse-prevention practices for each of their programs.

- **Adoption and Implementation Consultation Sessions**

Through each phase of Know Your Score!, Praesidium provides Y leaders with individual consultation regarding preparing for and completing the self-assessment, reviewing results, developing an action plan and implementing best practices.

- **Ongoing Consultation**

A designated Praesidium Safety Analyst assigned to each Y is available to answer questions, assist with Know Your Score! and address any other abuse-prevention issues, ensuring each Y has the support it needs to keep kids safe. Consultation services are available via email and telephone.

- **Armatus® Learn to Protect Online Training System**

Armatus is an online training system with customized courses and Y-specific information that helps Ys engage all staff and volunteers in supporting abuse-prevention efforts. Accessible anytime, anywhere through a high-speed Internet connection, the courses include actionable learning objectives, interactive content and content mastery quizzes. The system's administrative database also allows Ys to access training data for their staff and volunteers.

- **"Getting Your Board on Board" Program**

Engaging a YMCA's Board of Directors in abuse-prevention efforts is vital to protecting children, families and the Y. Praesidium's "Getting Your Board on Board" DVD program can help board members learn their role in preventing child sexual abuse.

- **Model Abuse-Prevention Policies**

Policies define the bandwidth of acceptable behavior in a Y—what's permitted and what's not—and inform and empower employees and volunteers to take action and prevent abuse. Praesidium's model policies can support a Y's culture of prevention and assist staff and volunteers in prohibiting behaviors most commonly associated with abuse.

- **Screening and Selection Toolkit**

Praesidium's screening and selection tools can assist Ys and their hiring managers in making informed decisions and weeding out potential offenders during the hiring process.

- **Youth and Parent Education**

When parents and youth know how to identify and respond to inappropriate interactions, they can play a crucial role in a Y's abuse-prevention efforts. Praesidium offers training and curriculum for all ages that can assist Ys in talking about abuse prevention with parents and youth.

- **Praesidium's Y Helpline**

Praesidium's Y Helpline provides employees, volunteers, parents and participants with a way to report—anononymously, if desired—suspicious or inappropriate behaviors and policy violations. Y staff and volunteers can also use the helpline to ask specific and topical questions related to child sexual abuse prevention and seek advice and guidance about abuse-prevention best practices. Praesidium experts are available 24 hours a day to take calls, offer consultation, gather information and bring issues to the attention of local Y leaders as needed. Reach the Y Helpline toll-free at 855-347-0751.

ACCESSING RESOURCES FROM PRAESIDIUM

CEOs can get started with these resources by registering their Ys to begin Praesidium's Know Your Score! online self-assessment. [Click here](#) and select 'Register to Know Your Score!' Then, enter username: **ymca**; password: **7233**. For additional details about the resources, contact Praesidium at 800-743-6354 or capinfo@praesidiuminc.com.