STRENGTHENING COMMUNITIES

The Y is the nation’s leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The Y has been a vibrant part of South Carolina communities for nearly 160 years.

A NETWORK OF GOOD

The South Carolina Alliance of YMCAs is comprised of 21 YMCA Associations and 50 branches. South Carolina Ys are each a powerful advocate for the needs of the children, families and individuals in communities throughout the state.

MAKING A DIFFERENCE

As charities, Ys across South Carolina exist to strengthen their communities and every day we work with thousands of men, women and children to ensure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

MEET DJ

In July 2012, DJ Rish was involved in a near fatal van accident in the Upstate. He suffered second and third degree burns on over 60% of his body, a vertebral and right hip fracture, and an amputated left leg. DJ was discharged from the hospital a month ahead of schedule with a positive attitude and ample support from family and friends.

Setting Goals At the Y

DJ returned home and immediately went to work relearning how to walk and exercising at the Y in Columbia. He was fitted for his first prosthesis in September 2012, and has since learned to swim, bike and run using different prosthetic legs.

After completing the 2013 Tom Hoskins Memorial Sprint Triathlon, DJ and his family have been able to continue to meet their own wellness goals through the generous support of Y donors.

GROWING OUR CAUSE

226,000

South Carolina Ys serve over 226,000 of our neighbors and their needs each year with youth, wellness, and social programs, empowering people of all ages to lead healthier lives.

5 Million

In total charitable contributions including direct outreach support and program/membership scholarships.
We believe all kids deserve the opportunity to discover who they are and what they can achieve. Through Y programs, children across South Carolina are taking an interest in learning; making smarter life choices and cultivating the values of caring, honesty, respect and responsibility.

The Y is the largest provider of childcare, offering families affordable, high quality care for preschool and after school children. Scholarships, subsidies and outreach provide critical assistance to low income families.

The YMCA of Beaufort County implemented the Y-USA Summer Learning Signature Pilot Program for children entering first and second grade who are most at risk of falling behind in their reading skills over the summer.

Results from the program indicated that students attending gained 5.5 months in reading growth from pre to post test assessment.

Additional program highlights indicated 100% of families strongly felt their child increased writing skills, became more excited to learn, improved self-confidence, became more physically active, made new friends, and improved character.
We are committed to helping people reach their full potential by promoting healthier lifestyles. With a mission centered on balance, we bring families closer together, encourage good health and foster connections through fitness, sports, fun and shared interests through our easily accessible programs. Approximately 220,000 South Carolinians are active and engaged members and over 89,000 participate in Y programs.

The Family YMCA of Greater Laurens is working with community partners to make Laurens County a healthier place to live, work and play. Step Up, Laurens County is increasing opportunities for their neighbors to be healthier through strategies that support healthy living.

Successes include a community garden, walking trails, complete streets resolution, healthier food and physical activity standards in the school district, Safe Routes To School and actively working to establish a multi-use trail system in the county.

We believe in giving back and providing support to our neighbors. Ys in South Carolina have consistently developed skills and emotional well being through education and training, creating local jobs, encouraging volunteerism, pursuing diversity and building healthier communities through collaborations. Nearly 12,000 South Carolinians volunteer their time at local Ys.
OUR TEAM

Anderson Area YMCA
Greenwood YMCA
Aiken / North Augusta YMCA
Family YMCA of Greater Laurens
Beaufort County YMCA
Newberry County Family YMCA
YMCA of Greater Charleston
Pickens County YMCA
Cherokee County Family YMCA
YMCA of Greater Spartanburg
Clinton Family YMCA
Summerville Family YMCA
YMCA of Columbia
YMCA of Sumter
YMCA of Coastal Carolina
Upper Palmetto YMCA
Florence Family YMCA
YMCA of the Upper Pee Dee
Foothills Area Family YMCA
Union County YMCA
YMCA of Greenville

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