TOGETHERHOOD is the Y’s member-led volunteer service program. It activates YMCA members to work together to plan and lead service projects that respond to local community needs. Togetherhood creates social change and demonstrates that we’re a charity dedicated to strengthening community.

**IMPACT IN SOUTH CAROLINA**

<table>
<thead>
<tr>
<th>BRANCHES</th>
<th>PROJECTS</th>
<th>VOLUNTEERS</th>
<th>HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>18</td>
<td>80</td>
<td>2493</td>
<td>5531</td>
</tr>
</tbody>
</table>

**PARTICIPATING ASSOCIATIONS**

- Anderson Area YMCA
- Beaufort-Jasper YMCA of the Lowcountry
- Greenwood YMCA
- Pickens County YMCA
- Summerville Family YMCA
- YMCA of Columbia
- YMCA of Greater Spartanburg
- YMCA of Greenville
- YMCA of Sumter

**FOR MORE INFORMATION ABOUT TOGETHERHOOD:**
Amy Splittgerber
Executive Director | SC Alliance of YMCAs
(803) 465-6115
amy@scymcas.org | www.scymas.org

**RESEARCH SHOWS** that volunteers experience wellness benefits, including lower depression, improved mood and self-esteem, less stress, better heart health and lower mortality rates.